GARRETT H.T. STEAGALL

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Multidisciplinary Arts Educator • Wellness Practitioner • MYOM Therapy | "The Ancestral Touch"

PROFESSIONAL PROFILE

A highly dedicated arts educator, professional performer, and holistic wellness practitioner with deep roots in the Cincinnati arts community. As a proud alumnus of the School for Creative and Performing Arts (SCPA), I am passionately committed to fostering transformative arts education, community engagement, and cultural awareness. I bring over 15 years of artistic, pedagogical, and leadership experience—including extensive work within Cincinnati Public Schools and high-profile theatrical productions. I am eager to leverage my interdisciplinary expertise, community advocacy, and institutional knowledge to serve on the SCPA Board of Directors, ensuring a legacy of excellence and equitable access to the arts for future generations.

ARTS LEADERSHIP & EDUCATION EXPERIENCE

Cincinnati Public Schools & American Legacy Theatre *2025 – Present*

Arts Educator & Substitute Teacher / Co-Lead Teacher

- Serve as a co-lead teacher for theater arts integration across multiple CPS schools.
- Design and submit educational proposals focusing on the integration of restorative movement and African diasporic traditions.
- Actively substitute teach within the Cincinnati Public School district, maintaining classroom excellence and fostering student creativity.

School for Creative & Performing Arts (SCPA) & CPS Outreach *2008 – 2021*

Guest Artist, Guest Speaker, & Arts Mentor

- Returned to alma mater as a Guest Speaker to inspire and mentor current arts students.
- Performed as a Guest Artist in premier SCPA productions including *The Nutcracker* (Cavalier, Snow King, Arabian Prince), *Jungle Book* (Mowgli), and *Treasure Island*.
- Conducted specialized arts and wellness programming for SCPA, Woodward High School, and the broader Cincinnati inner-city school network.

MYOM Therapy & Crimson Yoga *2022 – Present*

Founder, Wellness Facilitator & Somatic Healing Practitioner

- Facilitate immersive 90-minute community Hot Vinyasa Yoga and sound therapy sessions integrating ancient and nature-inspired healing modalities.
- Lead interdisciplinary wellness practices combining ballet, contemporary dance, Pilates, and Tien Shan Pai Kung Fu principles.

SELECTED PROFESSIONAL PERFORMANCE EXPERIENCE

"Dance with Destiny" (Television Pilot) *2026*

Dance Captain & Cast Member

- Selected to lead choreography and rehearsals as Dance Captain, demonstrating high-level project management and artistic leadership.

Cincinnati Opera & Symphony Orchestra (CSO) *2025*

Featured Dancer & Guest Artist

- Performed in the prestigious production of *Fiddler on the Roof* (AGMA) with the Cincinnati Opera.
- Featured as a guest artist in *Classical Roots* at Music Hall with the Cincinnati Symphony Orchestra.

Aronoff Center for the Arts Productions *2021 – 2026*

Primary Dancer & Principal Guest Artist

- Led performances as the primary dancer in the transformation-themed theatrical production *"Sky"* (2026).
- Performed extensively as a company member and guest artist with Revolution Dance Theater (2021-2023) in productions including *Hot Chocolate*, *Bible Storie*, and *Soul: Shaken & Stirred*.
- Collaborated with Blue 13 Dance Company and DanceFix for major regional performances.

COMMUNITY ENGAGEMENT & ADVOCACY

- **Emmy-Nominated Project Contributor:** Recognized for contributions to the acclaimed *Learning Through Art, Black Anthology of Music: The Resilience of Jazz* (2022).
- **Curriculum Development:** Created the "Social Emotional Learning & Life Application" (SELLA) program for Cincinnati youth (2021).
- **Public Wellness Access:** Founder of Yogi G TV, providing free online Yoga, Pilates, Meditation, and Sound Therapy to increase community access to wellness resources.
- **Inner-City Outreach:** Led specialized yoga and mindfulness programs for Cincinnati's inner public schools, including Heartwell Middle School and the Clifton Neighborhood (2021).

- **Arts Advocacy Grants:** Recipient of the Arts Wave Truth & Reconciliation Grant (2021) to support equitable arts initiatives in Cincinnati.

EDUCATION

University of Cincinnati, College-Conservatory of Music (CCM) *2024*

Bachelor of Fine Arts in Ballet

School for Creative and Performing Arts (SCPA) *Class of 2011*

High School Diploma – Ballet Major

CERTIFICATIONS & SPECIALIZED SKILLS

- Licensed Massage Therapist
- Tien Shan Pai Kung Fu Black Belt (15+ years)
- Certified Hatha & Vinyasa Yoga Instructor
- Somatic Healing & Pilates Practitioner
- Sound Therapy (Didgeridoo, Djembe, Rain Sticks)
- Arts Curriculum Integration & Development

HONORS & AWARDS

- Emmy Nomination – Learning Through Art (2022)
- ArtsWave Lazard & Coralie L. Khan Arts Scholarship (2022)
- ArtsWave Truth & Reconciliation Grant (2021)
- U.S. International Kuo Shu World Cup – Competitor Of The Year & 3rd Place (2016)